

# 8<sup>th</sup> Indoor Paddling Regatta

## Saturday – March 15, 2008

Public School 1 @ 8 Henry Street – NYC 10038 off Catherine Slip

Time – 10:00 AM – 3:00 PM (Registration 9:00 AM)

Sponsored by Eastern Regional Dragon Boat Association

### Race Events for Individuals:

In Men & Women;

In LWT & HWT;

In following Age Groups:

### Team Races

Teams of Four

DIVISION	AGE	1000 M	500 M	250 M	DIVISION	Distance
Senior	40 & over	Yes	Yes	Yes	Men	500 M
Open	19 to 39	Yes	Yes	Yes	Women	500 M
High School Student	15 to 18		Yes	Yes	Mixed	500 M
Middle School Student	11 to 14			Yes	Student Mixed	500 M
Breast Cancer Survivor			Yes	Yes	MS Student	250 M

Each Participant Can Compete in Two Individual and One Team Event  
Please Fill Out the Following Forms Prior to Arrival: Registration/Waiver



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